

## OLA COACHING DEVELOPMENT MODEL

LEVEL	STANDARDS	CERTIFICATION REQUIREMENTS	CONTEXT
<i>Parent Guide to Lacrosse in Ontario</i> seminar	<ul style="list-style-type: none"> <li>• 2-hour seminar</li> </ul>	<ul style="list-style-type: none"> <li>• None</li> </ul>	<ul style="list-style-type: none"> <li>• Parent orientation/education session on lacrosse equipment, rules and safety</li> <li>• Recruiting tool to advance interested parents to Pre-Level 1 course</li> </ul>
PRE-LEVEL 1	<ul style="list-style-type: none"> <li>• 5-hour course</li> <li>• Minimum age: 16 years</li> <li>• Practical component: 40 hours</li> <li>• Practical assessment by Clubs</li> </ul>	<ul style="list-style-type: none"> <li>• OLA House League Clinic</li> </ul>	<ul style="list-style-type: none"> <li>• Recreational programs</li> <li>• Club House League programs</li> <li>• Inter-Lacrosse instruction</li> <li>• Paperweight programs</li> </ul>
FIRST-YEAR LEVEL 1 COACH	<ul style="list-style-type: none"> <li>• 12-hour course</li> <li>• Minimum age: 16 years</li> <li>• Practical component: 40 hours</li> <li>• Practical assessment by Clubs</li> </ul>	<ul style="list-style-type: none"> <li>• NCCP Technical or Theory course (Level 1)</li> <li>• Completion of <i>Practical Workbook</i> for Technical</li> </ul>	<ul style="list-style-type: none"> <li>• Inter-Lacrosse instruction</li> <li>• Club Rep. Programs (A-D skill levels)</li> <li>• Club league or tournament teams</li> <li>• Men's/Women's recreational leagues</li> <li>• High School field competition</li> </ul>
SECOND-YEAR LEVEL 1 COACH	<ul style="list-style-type: none"> <li>• 12-hour course</li> <li>• Minimum age: 16 years</li> <li>• Practical component: 40 hours</li> <li>• Practical assessment by Clubs</li> </ul>	<ul style="list-style-type: none"> <li>• Full NCCP Level 1</li> <li>• Completion of <i>Practical Workbook</i> for Technical component</li> </ul>	<ul style="list-style-type: none"> <li>• Inter-Lacrosse instruction</li> <li>• Club Rep. Programs (A-D skill levels)</li> <li>• Club league or tournament teams</li> <li>• Men's/Women's recreational leagues</li> <li>• High School field competition</li> </ul>
LEVEL 2	<ul style="list-style-type: none"> <li>• 19-hours of NCCP Technical 2</li> <li>• 19-hours of NCCP Theory 2</li> <li>• Minimum age: 16 years</li> <li>• Practical component: 80 hours</li> <li>• Practical assessment by Clubs</li> </ul>	<ul style="list-style-type: none"> <li>• Full NCCP Level 2</li> </ul>	<ul style="list-style-type: none"> <li>• Senior "B" League</li> <li>• Junior "B" League</li> <li>• Mandatory for Ontario Summer Games participation</li> <li>• Provincial team (Assistant Coaches)</li> <li>• Player Development Camps</li> </ul>
LEVEL 3	<ul style="list-style-type: none"> <li>• 19-hours of NCCP Technical 3</li> <li>• 28-hours of NCCP Theory 3</li> <li>• Minimum age: 16 years</li> <li>• Practical component: 120 hours</li> <li>• Practical assessment by Clubs</li> </ul>	<ul style="list-style-type: none"> <li>• Full NCCP Level 3</li> <li>• Completion of peer evaluation for Technical component</li> </ul>	<ul style="list-style-type: none"> <li>• Major League</li> <li>• Junior "A" League</li> <li>• Elite Player Development Camps</li> <li>• Provincial teams</li> <li>• National teams</li> </ul>